

Table 1. Example of Five Weakened Democratic Institutions and Their Substitutions in Russia

<i>Institution</i>	<i>Substitution</i>
State Duma	<ul style="list-style-type: none"> • Public Chamber • Consultative councils, commissions attached to president
Federation Council	<ul style="list-style-type: none"> • State Council and its Presidium • Council of Legislators
Political parties	<ul style="list-style-type: none"> • “Loyal opposition” parties and movements • State corporations • Regional political machines
Independent media	<ul style="list-style-type: none"> • Public reception offices • Regional networks for collecting letters from citizens • FSB, other secret services • Pollsters
Government	<ul style="list-style-type: none"> • Presidential Administration • State corporations • Security Council • Center for Strategic Research (early Putin brain trust)